







SRM MEDICAL COLLEGE HOSPITAL &
RESEARCH CENTRE
SRMIST, KATTANKULATHUR, POTHERI 603203,
CHENGALPATTU DISTRICT

## **DEPARTMENT OF PHYSIOLOGY**

CORDIALLY INVITES YOU TO

NATIONAL SEMINAR & WORKSHOP ON (HYBRID MODE)

COGNITIVE CARTOGRAPHY-HARNESSING MIND MAPPING FOR MEDICAL MINDS

# DATE & TIME

WEDNESDAY | 09 JULY | 08.00 AM

#### VENUE

Hippocrates Auditorium 3<sup>rd</sup> Floor, SRMMCH & RC















Mind mapping is a creative visual tool designed to capture, organize, and interconnect complex ideas. It transforms traditional note-taking into a vibrant cognitive map, enabling you to see relationships between concepts identify emerging patterns and retain intricate details effortlessly.

This seminar will dive deep into the art and science of mind mapping, specifically tailored for medical education. Whether you're a student burdened with voluminous coursework, a practitioner looking to refresh and expand your knowledge, or an educator aiming to inspire your learners, our interactive sessions and hands-on workshops are designed with you in mind. You'll discover how to break down multifaceted topics into clear, digestible visual structures. By the end of our time together, you'll have acquired practical strategies to transform, how you

visualize and integrate medical concepts, fostering critical thinking and lifelong learning. We warmly invite you to join us on this journey of discovery and innovation. Step away from conventional learning methods and embrace a new way to interact with medical content-a method that not only enriches your educational experience but also empowers you to navigate the complexities of your field with clarity and confidence. Come, be part of this transformative seminar and set out on a path where creativity meets medicine. Your mind is your most powerful tool; let's equip it with the art of cognitive cartography.



TIME: 10.15 am to 11 am Tamil Thai Vazthu Lighting of Kuthuvilakku

Welcome address: Dr. A. Saravanan, MD.,

Prof. & HOD of Phusiologu, SRM MCH & RC Inaugural address:

Dr. Nitin M Nagarkar., MS (PGI), DNB, MNAMS, FIMSA, DSc. (hc) ProVC(I/c), Dean (Medical), SRM MCH & RC

Presidential address: Dr. K. Muthuselvi, M.D., President APT/Prof & Head Dept of Physiology, Govt. Sivagangai Medical College, TN

> Felicitation: Dr. K. V. Leela. MD.,

Associate Dean - UG Academics. HOD Microbiology, SRM MCH & RC

Vote of Thanks: Dr. S. Kanimozhi, MD., Professor of Physiology, SRM MCH & RC

# PROGRAM AGENDA

Time	Event	Speakers
8:15 AM - 8:30 AM	Registration	
8:30 AM - 9:15 AM	Session 1:  "Neural Blueprints: Anatomy of How We Learn and Remember"  Unravel the neuroanatomical basis of cognition, learning, and memory consolidation.	Dr S. Sundarapandian, Prof & Head, Department of Anatomy, SRM MCH & RC
9:15 AM - 10:00 AM	Session 2:  Mind Mapping Techniques  "Draw to Learn: Practical Mind Mapping for Smarter Thinking"  Explore the tools and tricks to visualize, organize, and retain information effectively.	Dr. Bhavsar Nikhil Rajendra Assistant Professor, Department of Physiology, SRM MCH & RC
10:00 AM - 10:15 AM	Tea Break	1
10:15 AM - 11:00 AM	Inauguration	
11:00 AM - 12:00 PM	Session 3:  "The Science of Learning, Remembering and Forgetting"  A deep dive into the physiological principles of learning and memory	Dr. Harsha HalaHalli, Professor, Department of Physiology, KSHEMA, Mangalore.
12:00 PM - 01:00 PM	Session 4: "Objective Assessment of Cognition Across Domains"  Expert insights into tools and techniques for assessing learning outcomes.	Dr. Ratna Sharma, Prof & Head, Department of Physiology, AllMS, Delhi
1:00 PM - 1:30 PM	Lunch Break	
01:30 PM - 3:30 PM	Hands on Training Workshop (offline only) "Retention and Retrieval of Memory - Mind Mapping Techlques"	Dr. Bhavsar Nikhil Rajendra & Team Department of Physiology SRM MCH & RC
3:30 PM - 4:00 PM	Valedictory Function	

### ORGANIZING COMMITTEE

Organizing Chairman Vice - Organizing Chairman / Treasurer : Dr. K. Thamarai Selvi, MD

Organizing Secretary

Co Secretaru

Joint Secretary

Organizing Committee

Workshop Compeering : Dr A. Saravanan, MD

: Dr. S. Kanimozhi, MD

: Dr. K. Prabhayathi, MD Dr. P. Kaluanipraba, MD

: Dr. Bhavsar Nikhil Rajendra, MD

Dr. Flanchezhian R. MD Dr. Aanantha K N R. MD

: Dr. I.K. Nivethitha, MD

Ms. P. Rohini, MSc

Ms. A. Angel Blessu, MSc : Dr. Bhavsar Nikhil Rajendra, MD

Registration Link: https://forms.gle/A8uAJG2ezz6tBiF47

: Dr. I.K. Nivethitha, MD



## Registration Fees

Online: Rs. 300

Offline: Rs. 500

Offline + Workshop: Rs. 1000

**TNMC Registration: Rs.100** 

#### ACCOUNT DETAILS

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