



**Dr. M.G.R.**  
**EDUCATIONAL AND RESEARCH INSTITUTE**  
**DEEMED TO BE UNIVERSITY**  
(AN ISO CERTIFIED INSTITUTION)  
UNIVERSITY WITH GRADED AUTONOMY STATUS



# **A.C.S. MEDICAL COLLEGE AND HOSPITAL**

Poonamallee High Road, Velappanchavadi, Chennai - 600 077.

## **FACULTY OF MEDICINE**

## **DEPARTMENT OF PHYSIOLOGY**

Welcomes you for a CME

### **From Muscle to Metabolism - "The Physiology of Movement"**

under the aegis of

### **The Association of Physiologists of Tamilnadu**

In the presence of

**Thiru. Er. A.C.S. ARUN KUMAR, B.Tech., M.B.A.,**

The Honourable President

Dr. M.G.R. Educational & Research Institute, Deemed to be University

**Thiru. A. RAVIKUMAR, B.Com., M.B.A.,**

The Honourable Secretary

A.C.S. Medical College & Hospital

**Dr. S. GEETHALAKSHMI, MD.,**

Vice Chancellor

Dr. M.G.R. Educational & Research Institute, Deemed to be University

has kindly consented to preside over

**Guest of Honour :**

**Dr. K. MUTHUSELVI, MD, DGO**

President, Association of Physiologists of Tamilnadu,

Professor & HOD, Dept. of Physiology, Govt. Sivagangai Medical College.

**On Tuesday, 29<sup>th</sup> April 2025, between 9.00 a.m. and 3.30 p.m.**

**Venue : Lecture Hall - 1, A.C.S. Medical College & Hospital**

**Dr. C.B. PALANIVELU**

Registrar

**Dr. C.S. JAYACHANDRAN**

Medical Advisor

**Dr. K. SRINIVASARAJ**

Dean

**Dr. PRAGNA B. DOLIA**

Senior Director

**Dr. K. DHANAVEL, I.A.S. (Retd)**

Special Officer

**Dr. R. SUKUMAR**

Medical Director

**Dr. SENTHIL K**

Medical Superintendent

**Dr. M. CHITRA**

Prof. & HOD, Dept. of Physiology

## **PROGRAMME SCHEDULE**

- ◆ 9.00 - 9.30 a.m. : **Registration**
- ◆ 9.30 - 10.00 a.m. : **Inauguration**
- ◆ 10.00 - 10.30 a.m. : Speakers Interaction with  
Faculty and Postgraduates  
**Dr. K. MUTHUSELVI, MD, DGO**  
President, APT  
Prof. & HOD, Dept. of Physiology, GSMC
- ◆ 10.30 - 11.30 a.m. : Physiology of exercise and its benefits  
**Dr. SHIVA YOGAPPA TELI, MD,**  
Prof. & HOD, Dept. of Physiology  
Trichy SRM Medical College Hospital &  
Research Centre
- ◆ 11.30 - 11.45 a.m. : **Tea Break**
- ◆ 11.45 - 12.45 p.m. : Bioenergetics  
**Dr. VASANTHI, MD,**  
Asst. Prof., Dept. of Physiology  
Panimalar Medical College Hospital  
& Research Institute
- ◆ 12.45 - 1.30 p.m. : **Lunch Break**
- ◆ 1.30 - 2.30 p.m. : Exercise Recovery - Pre & Post  
rejuvenation methods  
**Dr. VISALAM, MD,**  
Managing Director,  
Indian Detox Centre
- ◆ 2.30 - 2.45 p.m. : **Tea Break**
- ◆ 2.45 - 3.00 p.m. : **Valedictory**
- ◆ 3.00 - 3.15 p.m. : Vote of Thanks  
**Dr. S. ABEETHA, MD,**  
Prof., Dept. of Physiology, ACSMCH



**REGISTRATION LINK :**  
<https://forms.gle/wMZ2coWX39mWZJmv9>  
**For TNMC Credit hours : Rs. 150/-**

